

breakfast

mon - fri: 11:00a - 3:00p

pancakes, french toast, & grains

buttermilk pancakes

two cakes served with maple syrup & maple mascarpone | N | VEG | 9

add a filling blueberries, raspberries, strawberries, peaches, bananas, chocolate chips, granola, almonds, pecans, walnuts | +.50 each

gluten-free pancakes

three cakes served with maple syrup & maple mascarpone | N | GF | VEG | 9

vegan okonomiyaki

japanese pancake with cabbage, potato, tofu, red bell pepper, shiitake mushroom, kimchi, spicy vegan aioli, green onion, cilantro | GF | V | 15

add two eggs +4

biscuits & chorizo gravy

buttermilk biscuits, red pepper & yker acre chorizo gravy, cilantro, green onion, tomato | 16

add two eggs +4

3rd street bakery cashew crunch granola

with organic milk or greek yogurt | N | VEG | 8

add fruit or nuts blueberries, raspberries, strawberries, peaches, bananas, almonds, pecans, walnuts | N | +.50 each

egg dishes & omelets

breakfast tacos

two tacos with choice of ham, bacon, sausage, or chorizo, scrambled eggs, monterey jack & cheddar cheeses, salsa, radish, cilantro, corn tortilla, served with home fries | GF | VEGR | 16

burrito

potato, veggie medley, scrambled eggs, monterey jack & cheddar cheeses, spanish sauce, green onion, herbed flour tortilla, served with black beans | VEG | VR | 15

add ham, bacon, sausage, chorizo, or tempeh +3

eggs my way

two eggs your way, home fries, whole wheat sourdough toast | GFR +1.25 | VEG | 11

add bacon, sausage, chorizo, or tempeh +3

hippy farm

two baked eggs, sautéed veggie medley, garlic, monterey jack & cheddar cheeses, sliced almonds, home fries, whole wheat sourdough toast | N | GFR | VEG | VR | 15

veggie omelet

spinach, tomato, mushroom, onion, carrot, zucchini, red bell pepper, garlic, tomato, mushroom, spinach, monterey jack & cheddar cheeses, home fries, whole wheat sourdough toast | GFR | VEG | 14

classic meat & cheese omelet

choice of ham, bacon, chorizo, or sausage, monterey jack & cheddar cheeses, home fries, whole wheat sourdough toast | GFR | 15

salmon pesto omelet

house smoked rogotzke salmon, havarti, spinach, pesto, home fries, whole wheat sourdough toast | GFR | 16

all eggs are free-range, organic, hormone-free, & MN grown

sub fruit salad for home fries +1 **sub** veggie medley for home fries +1
sub gluten-free bread +1.25 **sub** egg whites +2

kids

comes with choice of organic milk or juice

mickey cake

mouse-shaped cake with choice of blueberries or chocolate chips | VEG | 9

kid's egg

one egg your way, fruit salad, whole wheat sourdough toast | GFR +1.25 | 8

a la carte

bacon 3 slices GF	5.50	croissant duluth's best bread	4.00
sausage 2 patties GF	5.50	chocolate croissant duluth's best bread	5.00
chorizo 2 patties GF	5.50	cranberry wild rice toast one slice house-made	3.25
fruit salad assorted seasonal fruits GF V	6.00	bagel + cream cheese add smoked salmon +6	5.00
home fries GF VEG potato, onion, carrot, zucchini	5.00	english muffin	3.00

All gluten-free items are produced in facilities that handle wheat | Our fryers use peanut oil & contain trace amounts of soy

*Consumption of undercooked eggs, meat, or seafood may increase your risk of food borne illness

N | Tree Nuts GF | Gluten-Free GFR | Gluten Free-Request VEG | Vegetarian VEGR | Vegetarian Request V | Vegan VR | Vegan Request

If you have a food allergy, intolerance, or sensitivity, please notify us right away!

July 27, 2020

lunch

mon - fri: 11:00a - 3:00p

starters

house side salad

spring greens, tomato, carrot, radish, cucumber, crouton, sunflower seed | GFR | V | 7.50

house side caesar

romaine, parmesan, crouton, caesar dressing | GFR | 7.50

add grilled chicken +6 **add smoked salmon** +6

tomato bisque or pozole soup

bowl 7.50 | cup 5.50 | served with warm bread | GFR | VEGR

sub gluten-free bread +1.25

smoked salmon & cheese

house smoked rogotzke salmon, cornichon, havarti cheese, crostini | GFR | 13

sub gluten-free crackers +1

peasant bowl

black bean, brown rice, spanish sauce, corn tortilla chips | GF | V | 7

add egg +2 **add chorizo** +5 **sub** cauliflower rice +1

add salsa, guacamole, or vr cream +1.50

salsa & chips

house made salsa with corn tortilla chips | GF | V | 7

guacamole & chips

house made guacamole with corn tortilla chips | GF | V | 8

combo of salsa & guacamole

served with corn tortilla chips | GF | V | 11

kids

bento box

your choice of: organic chicken nuggets (GFR),

veggie nuggets, mac n' cheese, or

half grilled cheese (GFR +1.25)

comes with: fruit worm, carrot logs, emoji cookie juice or milk, & an activity sheet to take home | 12

a la carte

kettle chips | GF | V | 2

tortilla chips | GF | V | 2

carrot sticks | GF | V | 2

french fries | GF | V | 4

yam fries | GF | V | 5

chester wedges | GF | 6

with harissa aioli

fruit salad | GF | V | 6

entrées

chef salad

ask your server for today's special | market price

caesar salad

romaine, parmesan, crouton, caesar dressing | GFR | 14

add grilled chicken +6 | **add smoked salmon** +6

fish tacos

walleye, baja slaw, cilantro, corn tortilla,

choice of side* | GF | 17

thai curry

tofu 15 | **chicken** 18 | **shrimp** 22

red bell pepper, onion, carrot, zucchini, coconut milk,

red curry, brown rice, fresh lime, cilantro, sesame seed | GF | VR

sub cauliflower rice +1

turkey enchilada

organic ferndale turkey, authentic mole, cojita, guacamole,

served with pozole, cilantro, radish, & lime | 17

sandwiches

chicken caesar wrap

grilled chicken, romaine lettuce, parmesan, bacon, cherry tomato, red onion, caesar dressing, herbed tortilla,

choice of side* | 15

deluxe grilled cheese + bisque

cheddar, havarti, brie, chevre, & blue cheese, ashland baking-

multigrain, served with tomato bisque | GFR +2.50 | VEG | 15

add bacon +3 | **add tomato** +1

glt

guacamole, lettuce, bacon, tomato, ciabatta,

choice of side* | GFR +2.50 | 15

add egg +2 | **add turkey** +4 | **add chicken** +6 | **sub** tempeh +2

reuben or rachel's reuben

peterson's corned beef or ferndale farm's turkey, caraway-

sauerkraut, gruyere cheese, 10,000 lakes dressing, johnson's-

bakery marbled rye, choice of side* | GFR +2.50 | VEGR | 16

sub sautéed mushrooms | VEG

grass-fed burger

peterson limousin beef burger, lettuce, tomato, onion,

positively, 3rd street bakery wheat bun,

choice of side* | GFR +2.50 | 15

add cheese +1 | **add mushroom** +1 | **add bacon** +3

impossible burger

with lettuce, tomato, onion, positively 3rd street bakery-

wheat bun, choice of side* | GFR +2.50 | VR | 15

add cheese +1 | **add mushroom** +1

*sides include: chips, carrot sticks, or french fries

sub yam fries +1.50 | **sub** chester wedges +2

sub fruit salad +3

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